
2024 RON THON “BEST OF THE BEST”

RIVERTON HIGH SCHOOL

January 4, 2024

Riverton High School is pleased to host the Ron Thon Memorial Wrestling Invitational. As in the past, this year's tournament will be held at Riverton High School (varsity division) and Riverton Middle School (JV division) January 26th & 27th. This packet will provide all the information you will need in planning for the tournament, if you have any questions please contact one of the persons listed above. Thank you and we look forward to another successful Ron Thon!

We will start the JV tournament at 10:00 am on Friday and 8:00 am on Saturday, the Varsity will start at 10:00 am on Friday and 9:00 am on Saturday.

CONTACT INFORMATION

Reggie Miller	Tim Bell	Bobby Thoman
AP/AD	Assistant AD	Head Coach
307.856.6557	307.856.6557	307.850.2129
rmiller@fremont25.org	tbell@fremont25.org	rthoman@wyoming.com

ROSTER & PROGRAM INFORMATION

Please send a roster as soon as possible for the program. We understand that weights may or may not be set at this time; so only names will be listed in the program. Please include all coaches as well; this will also assist in helping estimate numbers for hospitality room along with items we need counts for. Please send the rosters to rmiller@fremont25.org by Monday January 22nd.

TOURNAMENT ENTRIES

We will be using Track Wrestling. This information will be sent out to you in another email soon. If you have any questions or changes when the time comes please contact Monica Schommer via email at mschommer@hiredintel.com concerning Track Wrestling. Deadlines for entry will be as follows, team entries by Wednesday January 24th by noon & wrestler criteria by Wednesday January 24th by 5pm.

ENTRY FEE

\$250 for Boys Varsity, \$250 for Girls Varsity, and \$150 for Boys Junior Varsity made payable to Riverton High School Activities. Payment can be turned in to Tim Bell at the time of the coaches meeting. Invoice is attached.

SEEDING

We will be using Track Wrestling to seed the tourney. To assist in this please make sure **all criteria is entered and saved** to ensure accurate seeding of wrestlers. Monica Schommer, Lanny Schneider, Beau Fulton, Jay Galey, and Nate Urbach will go through each weight class to check all

seeds. You will find the seeding criteria and entry criteria for the 2024 Ron Thon listed below.

****NOTE** ALL JV MATCHES (WITH THE EXCEPTION OF 1ST & 2ND PLACE JV) WILL BE 2-1-1****

SEEDING CRITERIA

- Head to head in season matches
- 2023 Ron Thon Champion
- 2023 State Champion
- 2023 Ron Thon Placer
- 2023 Returning State Placer

2023-2024 Record (minimum 15 matches)

January 25th matches will not be included in the criteria.

The following criteria are being implemented for the benefit of the tourney. This will help fill varsity brackets, control overflow in JV brackets, increase competition and number of matches in the JV & Varsity divisions and benefit the time management of the JV tourney.

1. **ALL** seniors must be entered in the Ron Thon Varsity
2. **ALL** previous State, Regional & Ron Thon placers must be entered in Ron Thon Varsity
3. JV entries will be limited to **3** per weight class.

SEATING MAT SIDE

Two coaches and 1 manager will be allowed in each corner. Please keep other wrestlers and extra personnel seated in the stands to help assist in the overcrowding so that spectators can enjoy the wrestling as well. There will be no parents allowed within the mat barriers. If you have cheerleaders attending the Ron Thon, we will allow 3 cheerleaders per team mat side during the match; if they are not cheering they need to be in the stands or camp area. During the time of cheering, cheerleaders will follow WHSAA rules.

WEIGH-IN

Weigh-ins will be **by team and weight**; JV will only weigh in on Friday, Varsity will weigh in both days. Weigh-ins on Friday will be at 8:30 am, Varsity and remaining girl wrestlers on Saturday at 8:00 am. All weigh-ins are at RHS. We will need teams to bring scales so that we can get through weigh-ins in a timely manner. Please email Paige Phalen (pphalen@fremont25.org) and let her know if we can use your scale.

1-pound allowance for Friday

2-pound allowance for Saturday

TEAM CAMPS & LOCKER ROOMS

Wrestlers will have access to 3 locker rooms and a hallway; we ask that you do not set up team camps in the locker rooms or stands. The Boys Freshman and Boys Varsity wrestlers to change and shower. The Girls Freshman locker room is reserved for officials. Female wrestlers and or cheerleaders will use the Varsity Girl's locker room to change and shower. **WRESTLERS SHOULD**

NOT LEAVE ANY ITEMS IN THE LOCKER ROOMS AS THEY WILL NOT BE SECURED. RHS AND SCHOOL DIST #25 ARE NOT RESPONSIBLE FOR LOST OR STOLEN ITEMS.

Team camps will be in the **band hallway, senior/junior hallway, and upper deck of the commons**. The designated camp areas will be marked so that your wrestlers can find these areas. Eating in the gym is discouraged, please eat in the commons area or team camp area. Please have your wrestlers patrol their area and pick up after themselves to assist in keeping our facility a clean wrestling/spectating environment. **Please have your wrestlers store their coolers and bags in team camp areas to help keep seating space in the gymnasium free.**

RHS WILL NOT PROVIDE TOWELS

HOSPITALITY

The hospitality room will be located in the culinary classroom. The hospitality room will be open to coaches, officials, bus drivers and tournament workers for breakfast, lunch, and dinner on Friday and for breakfast and lunch on Saturday. The food is provided by the Riverton High School Culinary class.

SPORTSMANSHIP

Coaches are encouraged to model appropriate sportsmanship and expect their wrestlers and assistants to demonstrate sportsmanship throughout the tournament. We appreciate your commitment in this area.

FILMING

Only media personnel with credentials will be allowed on the gym floor. We encourage fans to stay in bleachers or designated filming areas to film/photograph matches. Teams can film mat side with one of their allowed 3 representatives.

****COACHES AND WRESTLERS SHOULD TAKE THE LEADERSHIP TO DISCOURAGE INAPPROPRIATE BEHAVIOR FROM THEIR COMMUNITY SPECTATORS. PLEASE TAKE THE INITIATIVE TO HELP US SUPERVISE YOUR OWN FANS. IF YOU SEE AN ISSUE AND NEED ASSISTANCE PLEASE FIND REGGIE MILLER OR AN SRO. ****

EMERGENCY SERVICES AND ATHLETIC TRAINER

We will have EMT services ready if the need arises. We will also have the RHS Athletic Trainer Paige Phalen on hand for first response and any other training needs. Please make sure that med kits are fully equipped as RHS will not provide supplies for training needs. Ice will be available for injuries.

PARKING

Please instruct your bus driver to park the bus in the **rear parking lot** (west parking lot) of Riverton High School. If your bus driver is going back and forth between the high school and middle school, ask them to park in the north parking lot and use the north entrance of the middle school.

****DO NOT PARK IN THE FIRE OR PICK UP LANE NEXT TO THE SCHOOL****

ADMISSION

TWO DAY PASS: ADULT \$30 STUDENT \$15

SINGLE DAY PASS: ADULT \$20 STUDENT \$10

CHILDREN UNDER SCHOOL AGE: FREE

COACHES

IF YOU HAVE FAMILY MEMBERS PLEASE LET THE ADMINISTRATION KNOW AND WE WILL PUT THEIR NAMES ON THE ADMIT LIST AND PROVIDE YOU WITH A PASS

AWARDS

VARSDITY (Boys & Girls):

1st Individual Championship Belt

2nd - 6TH Individual Medals

1st - 3rd Team Trophies

Outstanding Wrestler 145 (B) & 130 (G) Lower Weight

Outstanding Wrestler 152 (B) & 135 (G) Upper Weight

*JV will be presented their medals mat side at the conclusions of their match. All JV matches will be wrestled at the middles school.

*Varsity will receive their awards following the conclusion of the match following theirs.

JV:

1st - 6th Individual Medals

1st - 3rd Team Trophies

TIME & DATES

- **JANUARY 23RD** TEAM ROSTER AND ATTENDANCE CONFIRMATION DUE TO REGGIE MILLER
- **JANUARY 24TH** CONTACT TIM BELL TO SET UP PRACTICE TIME AND SPACE FOR THURSDAY NIGHT IF YOU PLAN ON PRACTICING THURSDAY
- **JANUARY 24TH** 12:00 PM ENTRIES MUST BE ENTERED & 5:00 PM SEEDING CRITERIA MUST BE ENTERED
- **JANUARY 25TH** 3:30 PM SEEDING COMMITTEE MEETING
- **JANUARY 28TH** ENTRY FEES DUE TO TIM BELL OR REGGIE MILLER
- **JV & V SCHEDULE**

FRIDAY

COACHES MEETING @ 8:00 AM HOSPITALITY ROOM

JV WEIGH-INS @ 8:30 AM @ HS

JV WRESTLING STARTS @ 10:00 AM @ MS

SATURDAY

JV WRESTLING STARTS @ 8:00 AM @ MS

FRIDAY

V & GIRLS DIVISION WEIGH-INS @ 8:30 AM @ HS

V & GIRLS WRESTLING STARTS @ 10:00 AM @ HS

SATURDAY

V & GIRLS WEIGH-INS @ 8:00 AM @ HS

V & GIRLS WRESTLING STARTS @ 9:00 AM @ HS

- **WE WILL WRESTLE THROUGH QUARTER FINALS ON FRIDAY**
- **WE WILL WRESTLE 3RD & 4TH AND 5TH & 6TH ON FIVE MATS STARTING AT GIRLS 100 THEN BOYS AT 106, WE WILL FOLLOW THIS FORMAT**
- 1ST & 2ND WILL WRESTLE ON THREE MATS STARTING WITH, SAME FORMAT AS THE PREVIOUS ROUND:**

BOYS & GIRLS	BOYS & GIRLS
106 & 100	152 & 135
113 & 105	160 & 140
120 & 110	170 & 145
126 & 115	185 & 155
132 & 120	195 & 170
138 & 125	220 & 190
145 & 130	285 & 235

****PLEASE UNDERSTAND WE WILL BE TAKING VERY FEW BREAKS****

Riverton Restaurants

La Luna 307.856.6204 711 East Main St.	The Depot 307.856.2221 110 S 1st St	Dairy Queen 307.857.2033 819 N Federal Blvd	KFC 307.856.2661 830 N Federal Blvd
Bunk's BBQ 307.463.0073 201 E Washington Ave	Red Willow 307.856.3964 180 Red Wolf Place	Arby's 307.856.0203 1140 W Main St	Taco Bell 307.856.7443 1812 N Federal Blvd
Speedway 307.857.6740 815 S Federal Blvd	Chopstix 307.856.2828 824 N Federal Blvd	Burger King 307.856.8797 2150 N Federal Blvd	Taco John's 307.856.9649 623 W Main St
The Breadboard 307.856.7044 124 E Washington Ave	Country Cove 307.856.9813 301 E Main St	More Burgers 307.463.0344 122 S 2nd St E	Wendy's 307.856.6538 1800 N Federal Blvd
Roasted Bean 307.856.6448 203 E Main St	Rusty Truck 307.463.2626 400 N Federal Blvd	Domino's 307.857.2033 806 N Federal Blvd	Pizza Hut 307.856.4266 215 N Federal Blvd
Perrett's 307.857.7307 519 W Main St	Pony Espresso 307.856.9600 926 N Federal Blvd	McDonald's 307.856.5068 813 N Federal Blvd	Little Caesars 307.856.6128 1104 N Federal Blvd
Trailhead 307.856.7990 831 N Federal Blvd	381 Subs & Salads 307.463.7594 702 East Main St.	Subway 307.856.7272 1733 N Federal Blvd	Ichiban 307.463.0520 303 S Federal Blvd
QT's 307.856.8100 900 E Sunset Dr	Mt. Everest Indian 307.855.5799 1616 N Federal Blvd	Brown Sugar Coffee 307.856.1116 203 E Main St	Thai Chef 2 307.463.0376 712 E Fremont Ave