



# USA WRESTLING UTAH - FREESTYLE & GRECO TOURNAMENT APRIL 5<sup>TH</sup> 2025

WEST HIGH SCHOOL - 241 N 300 W, SALT LAKE CITY UT 84103



★ MUST PRE-REGISTER ON [TRACKWRESTLING.COM](http://TRACKWRESTLING.COM) BEFORE 04/03/2025 @ 6:00PM

★ MUST HAVE CURRENT USA FULL ATHLETE CARD (CAN BE PURCHASED AT [WWW.USAWMEMBERSHIP.COM](http://WWW.USAWMEMBERSHIP.COM))

★ **COST**

\$20 FOR 1<sup>ST</sup> STYLE, \$8 FOR 2<sup>ND</sup> STYLE

★ **WEIGH-INS**

WEIGH-INS WILL BE HOSTED BY CHARTERED CLUBS ON WEDNESDAY (APRIL 2<sup>ND</sup>) OR THURSDAY (APRIL 3<sup>RD</sup>). COACHES, PLEASE HAVE WEIGHTS ENTERED BY 9PM ON THURSDAY NIGHT.

★ **DIVISIONS**

6U (BORN 2019-2022), 8U (BORN 2017-2018), 10U (BORN 2015-2016), 12U (BORN 2013-2014)  
14U (BORN 2011-2012), 16U (BORN 2009-2010), JUNIOR (BORN 0/1/2005 AND AFTER, AND IN HIGH SCHOOL)

★ **AWARDS**

MEDALS FOR 1<sup>ST</sup> THROUGH 4<sup>TH</sup> PLACE FOR 6U-12U, MEDALS FOR 1<sup>ST</sup> THROUGH 3<sup>RD</sup> IN 14U AND UP.

★ **WEIGHT CLASSES - 16U/JUNIOR ONLY - BOYS & GIRLS**

BOYS - 88 LBS, 94 LBS, 100 LBS, 106 LBS, 113 LBS, 120 LBS, 126 LBS, 132 LBS, 138 LBS, 144 LBS, 150 LBS, 157 LBS, 165 LBS, 175 LBS, 190 LBS, 215 LBS, 285 LBS  
GIRLS - 95 LBS, 100 LBS, 105 LBS, 110 LBS, 115 LBS, 120 LBS, 125 LBS, 130 LBS, 135 LBS, 140 LBS, 145 LBS, 155 LBS, 170 LBS, 190 LBS, 207 LBS, 235 LBS

★ **TOURNAMENT FORMAT**

6U-14U WILL BE ROUND ROBIN STYLE BRACKETING FOR ALL BEGINNERS, AND/OR LINE BRACKETS FOR INTERMEDIATE/ADVANCED.

WRESTLERS WILL BE PLACED IN GROUPS BASED ON WEIGHT, AGE, AND SKILL LEVEL. EACH GROUP WILL BE ASSIGNED TO A MAT FOR THE TOURNAMENT. THE BRACKETS AND MATS WILL CHANGE FOR EACH OF THE DIFFERENT STYLES.

16U/JUNIOR WILL BE LINE BRACKETS ALIGNED TO WEIGHT CLASSES NOTED ABOVE. NOTE: WEIGHT CLASSES WILL BE COMBINED IF NEEDED.

★ **MATCH/PERIOD LENGTH**

GRECO - TWO 3 MINUTE PERIODS FOR 16U/JUNIOR, ALL OTHERS ARE TWO 2 MINUTE PERIODS.

FREESTYLE - TWO 3 MINUTE PERIODS FOR 16U/JUNIOR, ALL OTHERS ARE TWO 2 MINUTE PERIODS.

★ **SCHEDULE**

SATURDAY - FREESTYLE & GRECO ROMAN

8:00 AM  
8:45 AM - 9:40 AM  
9:40 AM - 10:30 AM  
10:30 AM - 11:45 AM  
11:45 AM - 1:15 PM  
1:15 PM - 2:45 PM  
2:45 PM - CONCLUSION

COACHES MEETING, OFFICIALS MEETING & RULES CLINIC  
BOYS 8U, BOYS 10U, BOYS 12U GRECO  
BOYS 6U, BOYS 14U, ALL GIRLS GRECO  
BOYS 8U, BOYS 10U, BOYS 12U FREESTYLE  
BOYS 6U, BOYS 14U, ALL GIRLS FREESTYLE  
BOYS 16U & JUNIOR GRECO  
BOYS 16U & JUNIOR FREESTYLE



PLEASE MAKE SURE YOU ARE AT LEAST 20 MINUTES EARLY TO YOUR SESSION AS WE WILL START RIGHT AWAY.

TOURNAMENT CONTACT: [UTAHWRESTLINGEVENTS@GMAIL.COM](mailto:UTAHWRESTLINGEVENTS@GMAIL.COM)