



BEACH WRESTLING TOURNAMENT

Sunday, July 14th 2024

What: Beach Wrestling for Youth and Adults

Where: Flower City Park, Palmyra, MO 63401

When: Noon - Wrestler Check In

12:45pm - Instructions

1:00pm - Youth Wrestling Starts

APPROX: 3:00 pm - High School/Adult Wrestling Check In

REGISTER NOW

TrackWrestling.com



Cost: \$25 Pre Registration Per Wrestler

\$35 Day Of / On Site

Brackets:

Girls/Boys 6U, 8U, 10U, 12U, 14U

High School Female and Male, Adult Male and Female

Masters 30+ & Masters 40+ Male and Female

All competitors will be grouped together by weight prior to competition.

SCAN ME! >>>



Rules:

(Rules will be explained at Meeting. Goal is to Score 3 points in 3 minutes to WIN!)

- Score 1 point for making opponent touch outside the ring
- Score 1 point for a takedown to the sand
- Score 2 points for a throw to the back

Awards:

Top 3 in each bracket will receive an award

CONTACT US

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