



**NORTH CAROLINA AAU WRESTLING**  
PRESENTS  
**2024 AAU STATE CHAMPIONSHIP**

**SATURDAY, March 2<sup>nd</sup>, 2024**

**Tryon International Equestrian Center  
25 International Blvd. Mill Spring, NC 28756**

**ONLY NC RESIDENTS WITH AAU CARDS MAY PARTICIPATE**

**ENTRY FEE: \$40 (WRESTLERS MAY ONLY WRESTLE ONE DIVISION and ONE WEIGHT) \_**

**\*\*ALL WRESTLERS MUST PRE-REGISTER & PAY ONLINE BY FRIDAY, March 1<sup>st</sup> 2024 AT 2 p.m.\*\***

**TOURNAMENT SCHEDULE**

**Friday March 1<sup>st</sup> 2024**

**6:30-8:00 p.m. ALL Weight- Classes Weigh- ins @ Tryon International Equestrian Center**

**March 2<sup>nd</sup> 2024**

**7:00 am Doors will open**

**7:00-8:00 AM Morning Session Weigh-ins (only)**

**8:30 AM COACHES MEETING**

**8:45 AM OPENING CEREMONIES BEGIN SATURDAY**

**9:30 AM Morning Session Begins (Tots, Bantam, Midget, junior)**

**10:00-11:00 AM Afternoon Session Weigh-ins**

**Afternoon Session (Middle School, High School, HS Girls Division and Open Division) will begin immediately after morning session ends**

**PARKING PASS \$5.00 / VEHICLE**

**AAU CARDS REQUIRED FOR WRESTLERS AND COACHES  
CARDS WILL NOT BE SOLD AT THE EVENT**

**(Please see Coaches information)**

**ADMISSION Individual - \$10.00 Children 5 & Under Free**

This event is licensed by the Amateur Athletic Union of the U.S. Inc. -All participants must have a current AAU membership -AAU membership is not included as part of the entry fee to the event. -AAU Youth athletic membership must be obtained before the competition begins. **BE PREPARED: Adult and Non- Athlete Memberships are no longer instant and CANNOT be applied for at event.** Please allow 10 days or more for membership to be processed. Pending AAU Cards with not be accepted. Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership prior to competition.

#### WRESTLER ELIGIBILITY

- All wrestlers must have a valid AAU card and be a resident of North Carolina.
- AAU cards will NOT be sold at the tournament.
- (AAU cards can be purchased online at <http://www.aausports.org>.)
- Online registration must be completed via <http://www.Trackwrestling.com>
- Entry Fee must be paid online (Pay online with Credit Card.)
- ONLINE WEIGHT CHANGES may be made & are due by end of registration
- NO LATE REGISTRATIONS AND NO WALK-IN REGISTRATIONS!

#### DIVISIONS AND WEIGHTS:

TOT 2018/AFTER -35, 40, 45, 50, 55, HWT (75 Max)

BANTAM 2016/2017 40, 45, 50, 55, 60, 65, 70, 75, 80, 90, HWT (125 Max)

MIDGET 2014/2015 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 103, 112, 120, 130, HWT (175 Max)

JUNIOR 2012/2013 60, 65, 70,75,80,85, 90, 95, 100, 105, 112, 120, 130, 140, HWT (205 Max)

MIDDLE SCHOOL 2009/2010/2011 70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 140, 150, 160, 180, 200, HWT (260 Max) **No High School Wrestlers. Middle School Division MUST BE in Middle SCHOOL**

HIGH SCHOOL BOYS 2005\*/2006/2007/2008/2009 108, 115, 122, 128, 134, 140, 146, 152, 159,167,177,192,217,287

HIGH SCHOOL GIRLS 2005\*/2006/2007/2008/2009 102,109,116,122,128,134,140,147,154,167,187,237

HIGH SCHOOL DIVISIONS MUST STILL BE IN HIGH SCHOOL & MUST PROVIDE PROOF

OPEN DIVISION Madison weights (Grouped by actual weight)

#### WRESTLERS MAY ONLY WRESTLE ONE WT CLASS/DIVISION IN THE TOURNAMENT SATURDAY

**TOURNAMENT LIMITS** Based upon running 8 mats in both the morning and afternoon sessions a limit of 1000 entries will be accepted to ensure adherence to the planned schedule. Register early to reserve your spot.

**VERY IMPORTANT: WE MUST HAVE TABLE WORKERS AND WRESTLING MATS FOR THE EVENT!** *Contact the Tournament Director if your club will provide a wrestling mat and/or work a table.* Table workers should check-in Friday night, March 1<sup>st</sup> to receive their work and Parking pass.

**WEIGH-INS: FRIDAY (March 1<sup>st</sup>) 6:30-8:00PM and SATURDAY (March 2<sup>nd</sup>)**  
**Only Morning session will weigh in from 7:00-8:00AM. All afternoon sessions will weigh in from 10:00-11:00 AM**

**Wrestlers Must Make Weight for Division/Wt. Class Entered and bring Completed Registration Form & Proof Documents (valid AAU Card & proof of age)**

Wrestlers **MUST** wear a singlet to weigh-in. If you do not have a singlet, wear gym shorts and t-shirt. Wrestlers will **NOT** be allowed to strip down to underclothes to weigh-in and they are **NOT** allowed to leave the area once reporting to weigh-in. A scale will be available to check your weight so make sure you can make weight **BEFORE** reporting for your official weigh-in. Skin and nails will be checked before wrestlers will be allowed to weigh-in. All wrestlers must get on the scales. **WRESTLERS MUST MAKE THE WEIGHT IN WHICH THEY REGISTERED. (IF YOU DO NOT MAKE WEIGHT, YOU WILL BE SCRATCHED OR YOU MAY PAY A \$20.00 RE-BRACKET FEE.)**

There will be no rebracketing fee on Friday night only. **Saturday Rebracketing Fee WILL BE enforced as it delays tournament start. Please Register for correct division and weight class!**

**NO weight allowance will be given during weigh-in.**

Weigh-ins close promptly at 8:00pm on Friday and 8:00am & 11:00am on Sat. NO refunds for those who do not make weight or no shows. **Rebracketing fees enforced Saturday.**

**PAIRINGS:** Pairings will take place prior to the event. Wrestlers may be placed via a blind draw format to fill brackets with efforts to separate team members in first round. A “bye” will be given where needed to fill brackets. Wrestlers who do not make weight and “no shows” will be scratched.

**MATCH GUIDELINES:** Modified high school rules will be followed with modifications as to weight and periods. Singlets or TIGHT-FITTING tee and shorts, Mouth Protection (required if you have braces or orthodontic device on teeth).

**Tots through Midget wrestle three one-minute periods (1 – 1 – 1).**

**Junior through Open wrestle three one and one-half minute periods (1½ – 1½ – 1½).**

**TEAM COMPETITION:** Only licensed AAU Clubs/Teams will be eligible for the team competition (and recognized at opening ceremony). Teams will be ranked based on points accumulated through each division/weight class. A team with multiple entries in a division/weight class will only be awarded points for the highest finisher in that division/weight class. The team with the most points will be presented 1st, second most 2nd, etc.

Points will be given as follows:

1st Place – 16 points

2nd Place – 12 points

3rd Place – 9 points

4th Place – 7 points

5th Place – 5 points (Only awarded if > 12 wrestlers)

6th Place – 3 point (Only awarded if > 12 wrestlers)

Note: Not all brackets will award 6 places, only brackets with 12 or more wrestlers. It is the responsibility of each team to ensure their wrestlers are properly identified on brackets. If that individual is **NOT** on your roster, then you do not get credit for their points earned. If you do not contact director of error before wrestling starts you have forfeited your team’s rights to the wrestler’s points.

**WRESTLE BACK for 2nd Place** For all Divisions Tot through Open in bracketed pairings the 3rd place finisher will only be allowed to wrestle back for 2nd place if 3rd and 2nd never meet in the bracket.

- **INDIVIDUAL** – Awards to 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> place winners in each Division/Weight Class
- **TEAM** – 1st, 2nd, & 3rd place for Tots thru Middle School
- **TEAM** -1st, 2nd, & 3rd place for High School, Open & Girls
- **OVERALL**- 1st, 2nd, & 3rd place for Overall (All Divisions)

### COACH'S REGISTRATION (**Important Information**)

- Head Coaches need to Register themselves and all assistant Coaches before event.
- All Coaches must show a valid AAU Card & ID for free admission into the facility.
- **NO pending AAU cards will be accepted.** Pending cards indicate the background check has not been completed therefore we cannot accept them.
- A \$10 Fee (pre-registration) per Coach/Assistant must be paid during coach's registration for a floor pass. \$10 for Walk-In Coach/Assistant.

**AGAIN—NO PENDING registrations will be accepted.**

- Coaches should pick up their registration packet during Fri. weigh-ins to relieve congestion on day of event. Wristbands will only be given to those Coaches that are registered.
- **Be prepared: Adult and Non- Athlete Memberships are no longer instant and cannot be applied for at event. Please allow 10 business days for membership to be processed.**

**BE AWARE Additional Training has been added to coaches' membership card in addition to background check.**

Please send Pre-Registration information (Coaches/Assistants names and AAU numbers) to [dynamicwrestling13@gmail.com](mailto:dynamicwrestling13@gmail.com) (Please state it is for The 2024 NC AAU State Championships)

---

# PLEASE BRING WEIGH IN/ REIGSTRATION FORM TO WEIGH INS.

## Form on NEXT PAGE

# THIS PAGE IS YOUR WEIGH-IN CARD PLEASE BRINGS THIS TO WEIGH INS

**REGISTRATION FORM/Weight Card**  
(Have this card filled out and go directly to the scales)

**2024 NC AAU Wrestling State Championship  
SATURDAY, March 2, 2024**

Tryon International Equestrian Center  
25 International Blvd. Mill Spring, NC 28756

**Team Name:** \_\_\_\_\_

**Name:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_

**AAU Number:** \_\_\_\_\_

In consideration of your acceptance to my entry, I and my legal heirs do hereby waive and release any and all claims for damages I may have against the North Carolina (NC) Amateur Athletic Union (AAU) Wrestling Association, Rise Indoor Sports C, their sponsors, coaches, volunteers, tournament officials, and/or administrators for any and all injuries suffered by the name indicated above in connection with the 2024 NC AAU State Championships. I have reviewed the flyer for this tournament and agree to all rules and guidelines stated for the event.

\_\_\_\_\_  
Wrestler Signature

\_\_\_\_\_  
Parent/Guardian Signature Date

Nail/Skin Check	Division	Weight Class	Actual Weight

**DIVISIONS AND WEIGHTS:**

**Weigh-in Operator Only:**

**TOT 2018/AFTER** -35, 40, 45, 50, 55, HWT (75 Max)

**BANTAM 2016/2017** 40, 45, 50, 55, 60, 65, 70, 75, 80, 90, HWT (125 Max)

**MIDGET 2014/2015** 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 103, 112, 120, 130, HWT (175 Max)

**JUNIOR 2012/2013** 60, 65, 70,75,80,85, 90, 95, 100, 105, 112, 120, 130, 140, HWT (205 Max)

**MIDDLE SCHOOL 2009/2010/2011** 70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 140, 150, 160, 180, 200, HWT (260 Max) **No High School Wrestlers. Middle School Division MUST BE in Middle SCHOOL & MUST PROVIDE PROOF**

**HIGH SCHOOL BOYS 2005\*/2006/2007/2008/2009** 108, 115, 122, 128, 134, 140, 146, 152, 159,167,177,192,217,287

**HIGH SCHOOL GIRLS 2005\*/2006/2007/2008/2009** 102,109,116,122,128,134,140,147,154,167,187,237  
HIGH SCHOOL DIVISIONS MUST STILL BE IN HIGH SCHOOL & MUST PROVIDE PROOF

**OPEN DIVISION** Madison weights (Grouped by actual weight)