

2024

AAU STATE



EXPO CENTER

KEARNEY, NE

MARCH 9TH & 10TH

*** BOTH BOYS AND GIRLS DUAL DIVISION ***

DAY 1 (SATURDAY) MARCH 9TH

K-5th Girls Only, 6th-12th Boys/Girls

WEIGH INS:

K-5 Girls ONLY: 7:00-7:30am

6-8th Boys/Girls: 7:00-8:00am **

9-12th Boys/Girls: 11:00am-1:00pm *

* HS Boys/HS Girls: 2 lb allotment

** K-8th Boy/Girls: 1lb allotment

START TIME:

K-5 Girls: 8:00am

6-8th Boys/Girls: 9:00am

9-12th Boys/Girls: 2:00pm

DAY 2 (SUNDAY) MARCH 10TH

K-5th Boys Group ONLY

**K-5th Boys Group ONLY: 2lb

WEIGH INS: 8:00 to 10:00am

START TIME: 11:00am

*Dual weights will be honored for AAU State for Grades 3rd-5th. **IF PRE-REGISTERED.**

GENERAL INFORMATION

ENTRY FEES: \$30, \$40 walk in or unpaid on track (Deadline is Friday by Noon)

GENERAL ADMISSION:

Adult: \$10 Student: \$5 Under 5: FREE

***Wrestlers and coaches must have an AAU card.**

3-5th Dual weights good for AAU State if pre-registered.

Everyone must weigh in with a singlet on!

AAU State is THE qualifier to be on the Nebraska National Dual Team. Teams will be competing in Iowa Duals and Disney Duals. For Dates and team info go online: Nswca.com/huskerland

HUSKERLAND
PRESENTED BY **NSWCA**

Visit NSWCA.com/Huskerland for details
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